

# Mind Body Festival

**Come Celebrate the  
AHH-HAA MOMENTS**

**SUNDAY  
MARCH 29, 12-6PM**

- Chair Massage
  - Yoga
- Aromatherapy Classes
  - East Coast Swing
- Native American Traditions
  - Meditation • Past Lives
    - Cranial Sacral
  - Energy, and more

**\$5.00 at the door**

**Daniels Institute  
of Massage**

**1130 2nd Street | Roanoke**

**Call for information:**

**540-344-3538**